Size	 Wrist	 Mid-Lower	 Mid-Upper
1	14-18 cm (5 1/2"-7")	17-21 cm (6 3/4"-8 1/4")	22-31 cm (8 1/2"-12 1/4")
2	14-18 cm (5 1/2"-7")	17-21 cm (6 3/4"-8 1/4")	31-41 cm (12 1/4"-16 1/4")
3	14-18 cm (5 1/2"-7")	21-25 cm (8 1/4"-9 3/4")	25-34 cm (9 3/4"-13 1/4")
4	16-19 cm (6 1/4"-7 1/2")	21-25 cm (8 1/4"-9 3/4")	28-38 cm (11"-15")
5	17-20 cm (6 3/4"-7 3/4")	21-25 cm (8 1/4"-9 3/4")	34-43 cm (13 1/4"-17")
6	14-18 cm (5 1/2"-7")	25-29 cm (9 3/4"-11 1/2")	29-38 cm (11 1/2"-15")
7	17-20 cm (6 3/4"-7 3/4")	25-29 cm (9 3/4"-11 1/2")	33-43 cm (13"-17")
8	18-21 cm (7"-8 1/4")	25-29 cm (9 3/4"-11 1/2")	38-48 cm (15"-19")
9	16-19 cm (6 1/4"-7 1/2")	29-33 cm (11 1/2"-13")	32-42cm (12 1/2"-16 1/2")
10	19-22 cm (7 1/2"-8 1/2")	29-33 cm (11 1/2"-13")	36-46 cm (14 1/4"-18")

Length: Regular: ≤43 cm (17") / Long: >43 cm (17") 